



## Free Meals

Between April and November 2020, an additional 3,566 families across Derbyshire became eligible for free school meals. Could free school meals help your family?

Over 80% of all parents register for pupil premium funding and free school meals. To ensure families do not miss out, we regularly check if parents have become eligible. Register now and let us check if you are entitled, it could save you over £400 a year per child.

Applying is quick, easy and confidential, please contact us:

- Online:** [www.derbyshire.gov.uk/freeschoolmeals](http://www.derbyshire.gov.uk/freeschoolmeals)
- Email:** [checking@derbyshire.gov.uk](mailto:checking@derbyshire.gov.uk)
- Phone:** 01629 536400 or 01629 535743
- Form:** paper forms are available from school.

### Comments/Customer Feedback

We welcome all enquiries and feedback on our service. If you would like to contact us we can be reached in a number of ways:

- Email:** [catering@derbyshire.gov.uk](mailto:catering@derbyshire.gov.uk)
- Phone:** 01629 536704
- Post:** Derbyshire Catering Service, Chatsworth Hall, Block C, Matlock, DE4 3FW

Please note, we have now moved from Block B to Block C.

Visit our website to find out our latest good news stories and menus.

[www.myschoollunch.co.uk/derbyshire](http://www.myschoollunch.co.uk/derbyshire)

### Competition Terms and Conditions

\*This competition is free to enter, one-entry per household, winners will be selected by the team Nutritionist based on nutritional value and appeal to children. Winners will be contacted by 17th September 2021 via the e-mail address provided.

Gulliver's Kingdom Theme Park ticket is valid for a family of 6, groups must include at least one adult and one child, ticket valid for visit dates until 31st October 2021. Should Covid-19 restrictions prevent the opening of the park the validity date will be extended. For full T&Cs visit: <https://www.gulliverskingdomresort.co.uk/terms-and-conditions>

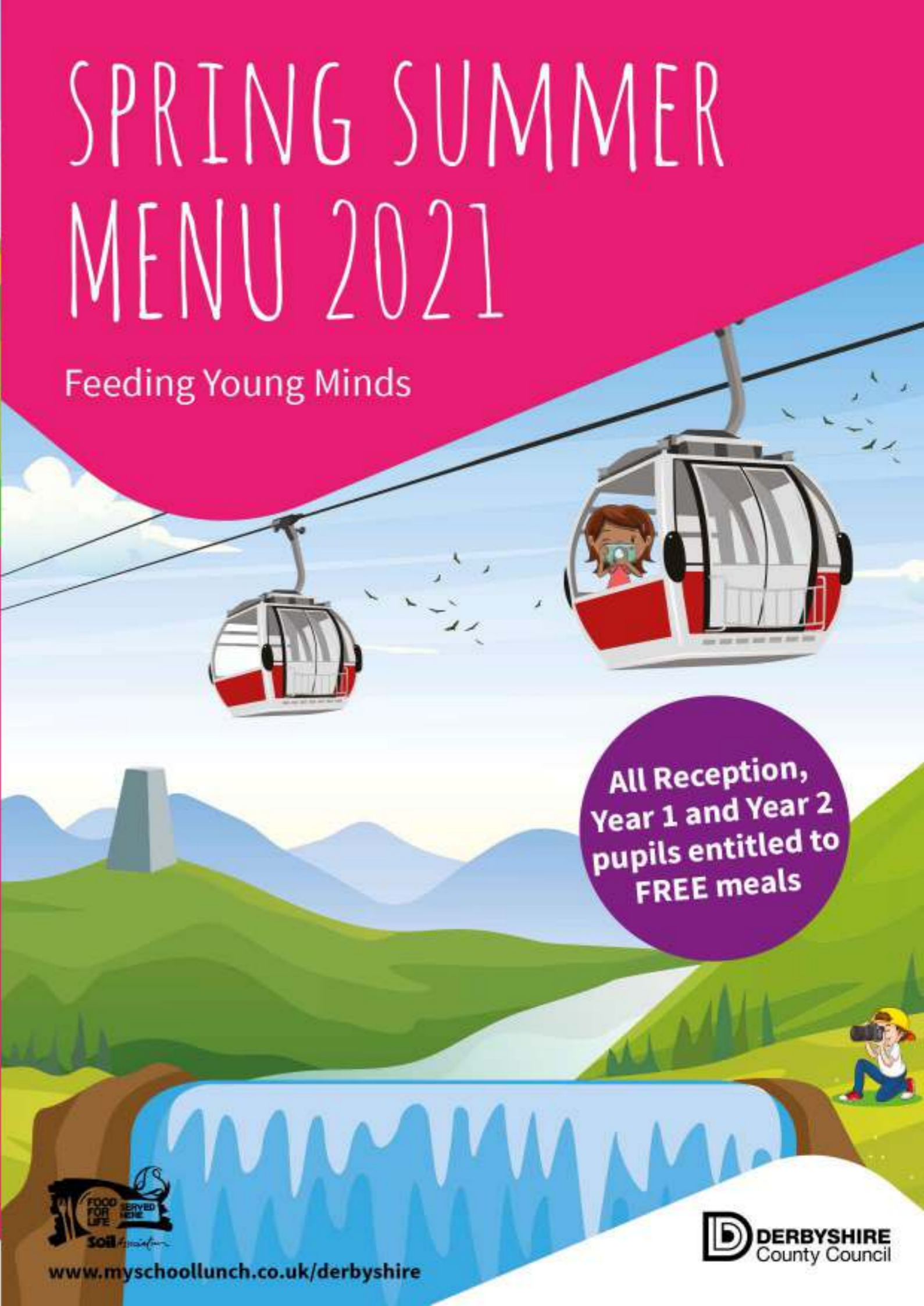
Activity vouchers will be awarded to second and third place entries, vouchers will be redeemable at a leisure centre local to the winners. Activities available will vary due leisure centre facilities. Full T&Cs will be provided with the voucher to winning entrants.

For full competition rules visit: <https://www.derbyshire.gov.uk/our-website/competition-rules/competition-rules.aspx>



# SPRING SUMMER MENU 2021

## Feeding Young Minds



All Reception, Year 1 and Year 2 pupils entitled to FREE meals



[www.myschoollunch.co.uk/derbyshire](http://www.myschoollunch.co.uk/derbyshire)



## Coming together in crisis

We would like to take this opportunity to thank parents, carers, school workers and our catering staff for coming together over the past year to ensure that children, whether in school or out, enjoyed a nutritious lunch.

From March 2020 to January 2021, Derbyshire Catering Service has delivered over 18,000 Food Parcels to the primary schools we serve. Each individual parcel was put together in school kitchens by our staff whilst they were also preparing lunch for those children in school. It has been our priority throughout the pandemic to provide healthy and balanced meals for everyone in need.

Over the past year parents/carers have been creating school meals at home and to celebrate this we are launching the **'Healthy from Home' competition**. We are asking you to send us images of the healthy meals you have been serving out of your own kitchen. The winner will be selected by our team Nutritionist and will receive a 'Family Ticket' for a day of fantastic fun at Gulliver's Kingdom Theme Park, Matlock Bath. Runner up prizes will include activity vouchers to be redeemed at your local leisure centre.\* To enter, please e-mail a picture of one healthy lunch you have created at home, including your child's school and your own name to: [catering@derbyshire.gov.uk](mailto:catering@derbyshire.gov.uk) by **10th September 2021**.



## Our Food – Hot, Healthy and balanced



All meals that Derbyshire Catering Service serve at primary schools are accredited with the Soil Association "Food for Life Served Here" Silver or Gold award and exceed Government School Food Standards. This means that:

- ◆ All of our meat is British and Farm assured.
- ◆ Fish served is always MSC certified.
- ◆ The eggs we use are all from free range hens.
- ◆ Meals are cooked fresh on school site (or hub kitchen) daily.
- ◆ There are no additives or artificial trans fats in our meals.
- ◆ We use local, seasonal and organic produce.



## Cater for all

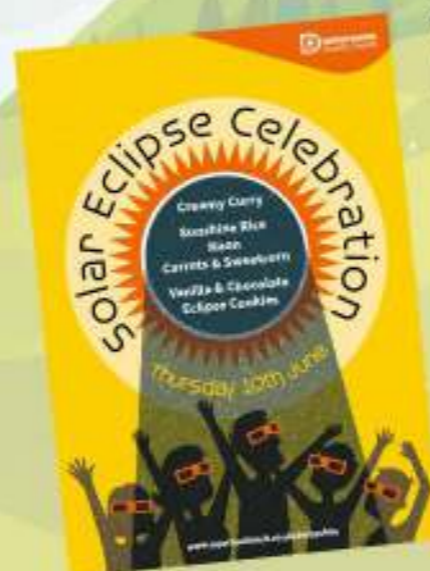
We pride ourselves on our ability to cater for all diets including vegetarian, vegan and specific medical diets. Our team Nutritionist works daily with schools and suppliers to ensure that we offer tasty and nutritionally balanced meals for all children.



## Fun

Alongside the nutritional benefit we believe that the lunch time experience should be a highlight of the school day. It is time for children to sit with friends and enjoy either a classic comforting dish or explore different flavours with exciting new foods.

Our monthly theme days create a buzz around school. We aim to encourage children to see how food can be fun and want to learn more about food. Look out for them throughout the year.



Week Commencing	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week A</b> 19 April 2021 10 May 2021 07 June 2021** 28 June 2021 19 July 2021 13 September 2021 04 October 2021**	Breaded Chicken ✖ Vegetable Fingers ✖🌱 Pasta ✖ with a Homemade Sauce Sweetcorn & Carrots Cookie ✖ Organic Fruit Yoghurt 🌱 Fresh Fruit	Organic Beef Burger ✖ in a Bun ✖ Vegetable Burger ✖ in a Bun ✖🌱 Diced Potatoes Coleslaw 🌱 & Peas Flapjack ✖ Organic Fruit Yoghurt 🌱 Fresh Fruit	Roast Turkey with Stuffing ✖ & Gravy Tortilla Layer ✖🌱🌱 Seasonal Potatoes Cauliflower & Carrots 🍎 Fresh Fruit Platter with Selection of Greek & Fruit Yoghurts 🌱	Sweet Pepper & Tomato Pasta Bake ✖🌱 BBQ Pizza Traybake ✖🌱 Pasta ✖ Sweetcorn & Green Beans 🍎 Bitesize Chocolate Crunch with Fruit Portions 🌱 Organic Fruit Yoghurt 🌱 Fresh Fruit	MSC* Fish Finger 🐟 ✖ Sandwich ✖🌱 Summer Vegetable Quiche 🌱✖ Chips Baked Beans & Peas Fruit Muffin 🌱 Organic Fruit Yoghurt 🌱 Fresh Fruit
<b>Week B</b> 26 April 2021 17 May 2021** 14 June 2021 05 July 2021 30 August 2021 20 September 2021 11 October 2021	Quorn Dipper 🌱✖🌱 Deli Wrap ✖🌱 Vegetarian Bolognese 🌱 Pasta ✖ or Diced Potatoes Peas & Carrots Oaty Biscuit ✖ Organic Fruit Yoghurt 🌱 Fresh Fruit	Organic Beef Meatballs ✖ with a Rich Tomato Sauce Potato & Pea Curry 🌱 Rice or Pasta ✖ Broccoli & Sweetcorn Banana Cake ✖ Organic Fruit Yoghurt 🌱 Fresh Fruit	Roast Pork with Apple Sauce & Gravy Broccoli & Cauliflower Cheesy Bake ✖🌱 Creamed Potatoes 🌱 Cabbage & Carrots 🍎 Vanilla Ice Cream 🌱 & Peaches Organic Fruit Yoghurt 🌱 Fresh Fruit	Chicken Curry 🌱 Cheese & Bean Enchilada ✖🌱 Rice & Naan ✖ Sweetcorn & Broccoli 🍎 Bitesize Chocolate Cracknel ✖ with Fruit Portion Organic Fruit Yoghurt 🌱 Fresh Fruit	Margarita Pizza ✖🌱 MSC* Sweet Potato Fishcakes 🐟🌱 Chips Baked Beans & Peas Strawberry Mousse 🌱 Organic Fruit Yoghurt 🌱 Fresh Fruit
<b>Week C</b> 03 May 2021 24 May 2021 21 June 2021 12 July 2021** 06 September 2021 27 September 2021 18 October 2021	Beef Bolognese or Lasagne ✖🌱 Veggie Balls ✖🌱 in Tortilla Boats ✖🌱 Pasta ✖ Green Beans & Sweetcorn Chocolate Orange Muffin 🌱✖ Organic Fruit Yoghurt 🌱 Fresh Fruit	Vegetarian Sausage Roll with Gravy ✖🌱 Red Pepper & Potato Frittata 🌱🌱 Creamed Potatoes 🌱 Carrots & Peas Crunchy Biscuit ✖ Organic Fruit Yoghurt 🌱 Fresh Fruit	Roast Beef or Roast Quorn Fillet with Yorkshire Pudding 🌱✖ & Gravy Roast Quorn Fillet 🌱 Seasonal Potatoes Cauliflower & Carrots 🍎 Fresh Fruit Platter with Selection of Greek & Fruit Yoghurts 🌱	Big Breakfast ✖ Vegetarian Breakfast 🌱 Potatoes Wedges or Hash Browns Baked Beans & Peas 🍎 Fruit Jelly Organic Fruit Yoghurt 🌱 Fresh Fruit	Macaroni Cheese ✖🌱 MSC* Breaded Fish Fillet 🐟🌱 Chips Sweetcorn & Broccoli 🍎 Shortbread Slice ✖ with Orange Wedges Organic Fruit Yoghurt 🌱 Fresh Fruit

The meat in our burgers and meatballs is organic

Waste oil from our fryers is turned into biofuel

All our meat is British and Farm Assured

Salad, vegetables, bread, fresh fruit and drinking water are available freely. Jacket potatoes and sandwiches with various fillings are available in most schools, please check what the local arrangements are in your school. We endeavour to serve food as specified on the menu, however there are some circumstances when this isn't possible. You can be assured that these instances will be kept to an absolute minimum.

### ALLERGY ICONS

Gluten	Peanuts	Nuts	Sesame seeds	Lupin	Soya	Eggs
Milk	Celery	Sulphites	Mustard	Crustaceans	Molluscs	Fish

This dessert contains 50% fruit  
 This meal is suitable for vegetarians  
 This meal is suitable for vegans

For those children with medical diet requirements, we offer a tailored menu. Please contact Katie Woods 01629 536702 or catering@derbyshire.gov.uk for more information.

### Theme Days\*\*

Our new Theme days for the Spring Summer menu, let's get excited about food!

**Science Day**  
Thursday 20th May

Separation Techniques in Tomato Paste  
Vegetarian Sausages available!  
Particle Paste  
Satin Bread  
Black Bread and Scientific Sausages  
Pesto Dish Jelly with Fruit Molecules

**Solar Eclipse Celebration**  
Thursday 10th June

Creamy Curry  
Sunshine Rice  
Raisin  
Carrots & Sweetcorn  
Vanilla & Chocolate  
Eclipse Cookies

**Seaside Special**

Fish & Chips  
or Quorn Dippers & Chips  
Peas  
Ice cream or Ice Lollies

**Harvest Festival**  
Being served on:

Harvest Pie (Chicken or Quorn)  
Seasonal Vegetables  
Crispy Potatoes  
Sticky Toffee Apple Cakes  
and Custard

**WORLD FOOD DAY**  
Thursday 7th October

Our school has chosen:

Map of Africa, Asia, Europe, Australia, South America, North America, Oceania.